



Welcome to the ASA Offshore Course programme. Should you have any questions or need any advice on any of the courses we provide please contact the Chief Instructor Phil Brown on:

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For Practical Courses please click [here](#)

For Shorebased Courses please click [here](#)

OFFSHORE PRACTICAL SAIL TRAINING AND INSTRUCTOR COURSES

The ASA offers a range of RYA practical training and instructor courses. Which is right for you? Click on a course title below to take you to the course dates

For instructor courses click [here](#)

Course	RYA Competent Crew Basic Seamanship & Helmsmanship, Navigation and Meteorology	RYA Day Skipper Practical Basic Pilotage, boat handling, watch organisation	RYA Coastal Skipper Practical Skippering techniques and passage planning	RYA Yachtmaster (Offshore) Prep and Exam
Minimum Age	None	16	17	18
Suggested Pre-Course Experience	None	5 days sea time 100 miles 4 night hours	15 days sea time (2 days as skipper) 300 miles 8 night hours	50 days sea time (5 days as skipper) 2500 miles At least 5 passages over 60 miles, acting as skipper for at least two of these passages and including two of which have involved overnight passages. At least half the qualifying sea time must have been accrued in tidal waters and witjing 10 years of the CoC exam
Assumed Knowledge	None	Navigation to Day Skipper Shorebased Standard and basic sailing ability	Navigation to Coastal Skipper Shorebased standard and sailing ability to Day Skipper Practical standard	Completion of the Yachtmaster Theory Shorebased Course A valid First Aid Certificate A VHF/SRC Certificate (or higher)
Ability After Course	Useful crew member	Skipper a small yacht in familiar waters by day	Skipper a yacht on coastal passages by day and night	Passing the Yachtmaster Offshore Certificate of Competence ('the examination') means that you are considered competent to skipper a yacht on any passage during which the yacht is no more than 150 miles from harbour
Course Duration	5 Days	5 Days	5 Days	Prep as required (Usually 4-5 days). Exam depending on number of candidates (Usually 2 days)

RYA Competent Crew

The Competent Crew Course introduces the complete beginner to cruising and teaches personal safety, seamanship and helmsmanship to the level required to be a useful member of the crew of a cruising yacht.

Course Requirements

Assumed knowledge

None

Suggested Pre-course Experience	None
Minimum duration	5 Days
Minimum age	None
Course content	Basic Seamanship & Helmsmanship, Navigation and Meteorology
Ability after the course	To be a useful crew member

Course Dates 2019

Course Number	Course Dates	Duration	Cost	Booking
CC01/19	20 – 24 May 19	5 days	£260	Book Now
CC02/19	10 – 14 Jun 19	5 days	£260	Book Now
CC03/19	22 - 26 Jul 19	5 days	£260	Book Now
CC04/19	5 – 9 Aug 19	5 days	£260	Book Now
CC05/19	19-23 Aug 19	5 days	£260	Book Now
CC06/19	2 – 6 Sep 19	5 days	£260	Book Now

RYA Day Skipper

The Day Skipper Course is conducted on board a cruising yacht (7-15m LOA), to teach pilotage, navigation, seamanship and boat handling up to the standard required to skipper a small cruising yacht safely by day in tidal waters with which the student is familiar

Course Requirements

Assumed knowledge

Navigation to Day Skipper Shorebased course standard

Suggested Pre-course Experience	5 Days sea time, 100 miles, 4 night hours
Minimum duration	5 Days
Minimum age	16
Course content	Basic Pilotage, boat handling, watch organisation
Ability after the course	Skipper a small yacht in familiar waters by day

Course Dates 2019

Course Number	Course Dates	Duration	Cost	Booking
DS01/19	20 – 24 May 19	5 days	£260	Book Now
DS02/19	10 – 14 Jun 19	5 days	£260	Book Now
DS03/19	22 - 26 Jul 19	5 days	£260	Book Now
DS04/19	5 – 9 Aug 19	5 days	£260	Book Now
DS05/19	19-23 Aug 19	5 days	£260	Book Now
DS06/19	2 – 6 Sep 19	5 days	£260	Book Now

RYA Coastal Skipper

The aim of this course is to teach the skills and techniques required to skipper a cruising yacht (7 – 15m LOA), safely on coastal and offshore passages by day and night.

Course Requirements

Assumed knowledge

Navigation to Coastal Skipper Shorebased standard and sailing ability to Day Skipper Practical standard

Suggested Pre-course Experience	15 days sea time (2 days as skipper), 300 miles, 8 night hours			
Minimum duration	5 Days			
Minimum age	17			
Course content	Skippering techniques and passage planning			
Ability after the course	Skipper a yacht on coastal passages by day and night			
Course Dates 2019				
Course Number	Course Dates	Duration	Cost	Booking
CS01/19	15-19 Apr 19	5 days	£260	Book Now
CS02/19	16-20 Sep 19	5 days	£260	Book Now

RYA Yachtmaster Prep and Certificate of Competence Exam

The Yachtmaster qualification is the ultimate for most boat users. It can be used to support a Commercial Ticket or simply as confirmation of personal achievement. Days will be long and packed with theoretical and practical situations to overcome. The Certificate of Competence exam usually follows the course.

Course Requirements				
Assumed knowledge		<p>Completion of the Yachtmaster Shorebased Course.</p> <p>A valid First Aid Certificate</p> <p>A VHF/SRC Certificate</p>		
Suggested Pre-course Experience		<p>50 Days sea time, 2 days as skipper, 2500 miles, at least 5 passages over 60 miles, at least 2 as skipper and 2 overnight. At least half of the qualifying sea time must be in tidal waters and qualifying sea time must be within 10 years of the CoC exam</p>		
Minimum duration		Usually 5 Days		
Minimum age		18		
Course content		<p>The Yachtmaster Offshore preparation course runs over four days and focusses on checking that your skills are at the right level and then spends time practicing the core skills and improving them where necessary. Time is also spent addressing the structure of the CoC exam.</p>		
Ability after the course		<p>Passing the Yachtmaster Offshore Certificate of Competence ('the examination') means that you are considered competent to skipper a yacht on any passage during which the yacht is no more than 150 miles from harbour.</p>		
Course Dates 2019				
Course Number	Course Dates	Duration	Cost	Booking

YM01/19	1-7 Apr 19	5 days	£260	Book Now
YM02/19	7-13 Oct 19	5 days	£260	Book Now

<i>Course Dates 2019</i>				
Course Number	Course Dates	Duration	Cost	Booking
CI01/19	17-22 Nov 19	5 days	£40	Book Now

<i>Course Dates 2019</i>				
Course Number	Course Dates	Duration	Cost	Booking
YMI01/19	25 Feb-1 Mar 19	5 days	£TBC	Book Now

OFFSHORE SHOREBASED TRAINING COURSES

The ASA offers a range of RYA and ISAF shorebased courses for our members. Click on the course title below to take you to the course details and dates. Course fees are as listed individually but prices are reduced for multiple bookings as follows:

One course	£40
Two courses	£70
Three Courses	£90
Four Courses	£100

[Day Skipper Theory](#) [First Aid](#) [Sea Survival](#) [Diesel Engine](#) [Astro Navigation](#) [Short Range Certificate Course and Assessment](#)

RYA Day Skipper Theory Course

This course is a comprehensive introduction to chartwork navigation meteorology and the basics of seamanship. It is Invaluable for learning how to start making decisions on board and if you are considering taking the Day Skipper practical course. Some practical experience is desirable.

Minimum duration: 40 hours plus exam time.

Minimum age: None

Course content: Seamanship, coastal navigation and pilotage, chartwork, electronic charts, position fixing, plotting a course to steer, weather forecasting and meteorology, tides, collision regulations

Ability after course: Background knowledge to skipper a small yacht in familiar waters by day.

Course Number	Course Dates	Duration	Cost	Booking
DST 01/19	4-8 Mar 19	5 Days	£60	Book Now

RYA First Aid

Our one-day course covers all the usual first aid subjects, but from a boating perspective. It is aimed at anyone who goes afloat, whether on inland waters, rivers, and estuaries or on cross channel passages.

In a medical emergency a little First Aid knowledge and immediate action can save lives, especially in remote locations. This one-day course is designed to provide a working knowledge of First Aid for people using small craft and to support skippers. It fulfils the requirements for:

Professional skippers of small craft working within 60 miles of a safe haven, including Boatmasters;

The Senior First Aid certificate needed by offshore racers subject to ISAF's regulations on First Aid training (OSR 4.08.4).

The course is recommended by the MCA and HSE.

The subjects specific to boating include:

- The recovery position in a confined space
- CPR, including the drowning protocol
- Cold shock and hypothermia from immersion and/or exposure
- Medical assistance or advice by VHF
- Helicopter rescue
- Seasickness and dehydration
- Medical assistance or advice by VHF

Course Number	Course Dates	Duration	Cost	Booking
FA01/19	15 Apr 19	1 Day	£40	Book Now
FA02/19	1 Jul 19	1 Day	£40	Book Now
FA03/19	29 Jul 19	1 Day	£40	Book Now
FA04/19	9 Sep 19	1 Day	£40	Book Now
FA05/19	14 Oct 19	1 Day	£40	Book Now

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RYA / MCA Sea Survival

Our one-day course covers all the essential theory about survival techniques and practical experience in the water with liferafts.

It is a well proved fact that in the event of an emergency at sea, people who have received training are more likely to survive. This course covers preparation for survival, lifejackets, search and rescue and a practical session in a swimming pool with a liferaft.

The subjects include:

- Preparation for sea survival
- Lifejackets and liferafts
- Principles of survival
- Survival craft ailments
- Raft management
- Search and rescue

Course Number	Course Dates	Duration	Cost	Booking
SS01/19	16 Apr 19	1 Day	£40	Book Now
SS02/19	2 Jul 19	1 Day	£40	Book Now
SS03/19	30 Jul 19	1 Day	£40	Book Now
SS04/19	10 Sep 19	1 Day	£40	Book Now
SS05/19	15 Oct 19	1 Day	£40	Book Now

RYA Diesel Engine

A one-day beginners' course to help you prevent and solve diesel engine failure.

Mechanical failure is the main cause of rescue call-outs to cruisers. Basic maintenance and engine care will help ensure that you are not part of this statistic.

Most engine problems can be avoided by taking simple precautions, and you don't need a detailed mechanical knowledge.

This course teaches you how the engine works, how to keep it healthy by using basic checks and maintenance procedures, and how to get it started again in the event of a breakdown.

Course Number	Course Dates	Duration	Cost	Booking
DE01/19	4 Jul 19	1 Day	£40	Book Now
DE02/19	1 Aug 19	1 Day	£40	Book Now
DE03/19	12 Sep 19	1 Day	£40	Book Now
DE04/19	16 Oct 19	1 Day	£40	Book Now

RYA Short Range Certificate Course and Assessment

The RYA Marine Radio Short Range Certificate (SRC) is the minimum qualification required to operate marine VHF radio equipment on a UK flagged vessel. This includes both fixed and handheld equipment with and without Digital Selective Calling (DSC). It is obtained by successfully completing and SRC exam conducted at an RYA Recognised Training Centre.

The exam follows the marine radio SRC course,

There is no age limit for taking the SRC course although exam candidates must be 16 years old on the day of the exam.

Course subjects include:

- Routine operation of marine VHF radio including Digital Selective Calling
- The correct VHF channels (frequencies) to be used for each type of communication
- Distress, emergency and medical assistance procedures
- Ship to shore communication
- Practical use of Marine VHF DSC radios

- Global Maritime Distress and Safety System (GMDSS)
- Emergency Position Indicating Radio Beacons (EPIRB)
- Search and Rescue Transponders (SART)
- The exam. This a combination of a written theory test and practical assessment in the use of Marine VHF DSC radios. Candidates must be 16 years or older on the day of the exam.

Note that this course is also available through the the AISTC at Thorney Island

Course Number	Course Dates	Duration	Cost	Booking
SRC 01/19	2 Aug 19	1 Day	£104 incl exam fee (£44 to ASA, £60 to RYA)	Book Now
SRC 02/19	17 Oct 19	1 Day	£104 incl exam fee (£44 to ASA, £60 to RYA)	Book Now

World Sailing Offshore Safety

The one day World Sailing Offshore Safety course teaches the skipper and crew all the skills needed to deal with an emergency whilst sailing in an offshore environment.

The World Sailing Offshore Safety certificate provides the holder with the knowledge of safe sailing techniques and how to minimize risks in order to confidently sail outside the limits of inshore waters. It serves as a valuable consolidation of personal and crew safety procedures.

The certificate confirms crew eligibility under the World Sailing Offshore Special Regulations, Section 6.01, when participating in Cat 0, 1 and some Cat 2 offshore races (including the Rolex Fastnet Race). The one day course is run in conjunction with the Sea Survival Course; both of which are required to obtain the ISAF Safety Certificate. Holders of an in-date Sea Survival Certificate need only attend the World Sailing Offshore Safety Course however they need to be aware that once the Sea Survival Course becomes 5 yrs old, the Safety Certificate is no longer valid. The cost of both the Sea Survival and World Sailing Offshore course, when booked together, is £70.

The subjects include:

- Heavy Weather Sailing Techniques
- How to rig and set Storm Sails
- Weather Forecasting
- Damage Limitation
- Fire Fighting
- Search Patterns

Course Number	Course Dates	Duration	Cost	Booking
OS01/19	17 Apr 19	1 Day	£40	Book Now
OS02/19	3 Jul 19	1 Day	£40	Book Now
OS03/19	31 Jul 19	1 Day	£40	Book Now
OS04/19	11 Sep 19	1 Day	£40	Book Now

Astro Navigation

This course teaches the students about the Earth and the celestial sphere, the use and care of sextant at sea, meridian altitudes sun, star and other sights needed on Ocean passage planning. Please contact the Chief Instructor for more details.

Course Number	Course Dates	Duration	Cost	Booking
AST01/19	25-29 Mar 19	5 Days	£TBC	Book Now
AST02/19	11-15 Nov 19	5 Days	£TBC	Book Now