

# Course Programme - 2019



**ARMY INSHORE  
SAILING TRAINING CENTRE (SOUTH)**

**Thorney Island  
Hampshire, PO10 8DS**



Website: <https://sailing.armysportcontrolboard.com/aistc/>



**Dinghy**



**Windsurfing**



**Powerboating**



**Kitesurfing**

The Army Inshore Sail Training Centre is the premier inshore water sports training centre for the Army delivering courses and support for competition. The Centre can offer practical courses, multi-activity packages and theory courses to Service Personnel. Please contact the water sports team for details.

Email: [sailarmy@btconnect.com](mailto:sailarmy@btconnect.com) Telephone (Mil): 94295 8315 - (Civil): 01243 388315

**Course Bookings**

[AISTC-Office@btconnect.com](mailto:AISTC-Office@btconnect.com)



[Army Sailing Association](#)



[Army Inshore Sail Training Centre](#)



[@ArmyDinghy](#)

## The Army Inshore Sail Training Centre (South)

The Army Inshore Sail Training Centre (South) is on Baker barracks, Thorney Island in Chichester harbour, on the south coast of the England. This allows the Centre to sail in Chichester Harbour, or windsurf and kitesurf at a premier site off Hayling Island. The Centre is an Army Sailing Association (ASA) training centre and anyone attending a course at the centre must be a personal member of the ASA. You can join by following the membership directions on the [AISTC website](#).

Starting in the spring the Centre delivers the practical courses in dinghy sailing (including keelboat and multi-hull), windsurfing, powerboating and kitesurfing from basic courses to instructor awards. On light wind days, we run Stand Up Paddleboard courses for those at the Centre for no extra cost. We provide excellent equipment across the disciplines and all hire costs are included in the course fee.

On Wednesday afternoons the Centre is open for free sailing and personal development. Our instructors will provide coaching across the disciplines including the latest innovation of 'foiling' from our Flight School.

The Centre uses the national governing bodies of the Royal Yachting Association, British Stand Up Paddleboard Association and the British Kite Sports Association to ensure it provides internationally recognised courses. Course publications and certificate costs are included in the course fees.

ASA Membership - £10 per annum (Direct Debit)

### Practical Courses:

Dinghy, Windsurfing	£40-£60 + accommodation if required
Power-boating	£160 + accommodation if required
Multi- Activity package	£15 per day per head + accommodation
Kite-surfing	£160 + accommodation if required
Instructor courses	£60-£160 + accommodation if required

### Theory courses:

RYA First Aid	-	£ 40
Marine VHF Radio SRC Assessment	-	£ 60

### Interactive online courses:

Safe & Fun Safeguarding	£8
Professional Practices and Responsibilities	£33
Marine VHF (SRC) less assessment	£44
Essential Navigation & Seamanship	£65
CEVNI Test	£17
Cruising Instructor pre-course assessment	£7

### Accommodation fees:

Course personnel	£7 per night
Weekend rates for all ASA members	£25 for twin room with en suite, £30 three bed room, £7 for bunk bed (may be shared)

## COURSES 2019

DINGHY COURSES				
<i>Which DINGHY SAILING course is right for you?</i>				
<b>Start Sailing</b>		<b>Sailing Development</b>		
<b>Prerequisites - None</b>		<b>Prerequisites - Start Sailing</b>		
<p>The Start Sailing course will introduce you to sailing and give you all you need to go afloat, in light winds, under supervision. The course teaches you how to sail in all directions including an awareness of launching and recovering the boat</p>		<p>The Sailing Development course will consolidate your skills and develop your handling of sailing dinghies including double handed boats with confidence. It will introduce spinnaker sailing and foiling boats and work towards the RYA advanced modules of sailing.</p>		
<p>Our aim is for you to achieve the internationally recognized Royal Yachting Association's (RYA) Start Sailing qualification. If conditions and aptitude allow some elements of the RYA Basic Sailing syllabus may be achieved.</p>		<p>Our aim is for you to achieve the internationally recognized Royal Yachting Association's (RYA) Basic Sailing qualification. If conditions and aptitude allow some elements of the RYA Advanced Sailing syllabus may be achieved.</p>		
<b>What next? - Our Sailing Development course</b>		<b>What next? - Our Sailing Development course</b>		
		<p>The Sailing Development course delivers all aspects of sailing development from basic sailing, performance sailing, foiling and racing. Our advanced instructors will take you to the next level from wherever you start.</p>		
<b>START SAILING</b>		<i>Introducing you to sailing with all you need to know to get afloat under supervision Setting out the foundations of sailing for you.</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D01/19	29 Apr-3 May	5 days	£60	
D02/19	7-10 May	4 days	£55	
D03/19	13-17 May	5 days	£60	
D04/19	20-24 May	5 days	£60	
D05/19	29-31 May	3 days	£45	
D06/19	3-7 Jun	5 days	£60	
D07/19	10-14 Jun	5 days	£60	Royal Signals Sailing Week
D08/19	17-21 Jun	5 days	£60	Royal Artillery Sailing Week
D09/19	1-5 Jul	5 days	£60	
D10/19	8-12 Jul	5 days	£60	
D11/19	15-19 Jul	5 days	£60	
D12/19	29 Jul - 2 Aug	5 days	£60	
D13/19	5-9 Aug	5 days	£60	
D14/19	2-6 Sep	5 days	£60	
D15/19	16-20 Sep	5 days	£60	
D16/19	23-27 Sep	5 days	£60	

D17/19	30 Sep – 4 Oct	5 days	£60	
<b>SAILING DEVELOPMENT</b>		<i>Consolidating skills and trying new ones</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D18/19	15-18 Apr	4 days	£55	
D19/19	29-31 May	3 days	£45	
D20/19	10-14 Jun	5 days	£60	
D21/19	1-5 Jul	5 days	£60	
D22/19	22-26 Jul	5 days	£60	
D23/19	23-27 Sep	5 days	£60	

## KEELBOAT COURSES

*Try KEELBOAT SAILING on our 26-foot Folk Boats – a route to cruising or racing*

<b>Start Keelboat Sailing</b>	<b>Keelboat Sailing Development</b>
<b>Prerequisites - None</b>	<b>Prerequisites - Start Sailing</b>
The Keelboat course will introduce you to sailing in the Chichester Harbour and the Solent and give you all you need to go afloat, in light winds, under supervision. The course teaches you how to sail in all directions including picking up moorings and coming alongside a pontoon.	Keelboat Sailing Development will take place on the keelboat course, consolidate your skills and develop you to handling the boat and enable you to take out a properly crewed keelboat without supervision.
Our aim is for you to achieve the internationally recognized Royal Yachting Association's (RYA) Start Sailing qualification. If conditions and aptitude allow some elements of the RYA Basic Sailing syllabus may be achieved.	Our aim is for you to achieve the internationally recognized Royal Yachting Association's (RYA) Basic Sailing qualification in Keelboats. If conditions and aptitude allow.
<b>What next? - After achieving Start Sailing return on another Keelboat course and learn to Skipper the boat.</b>	<b>What next? - Racing</b>
	The Keelboat course will give you the necessary skills to take part in regattas using the Centre's keelboats.

<b>START SAILING &amp; DEVELOPMENT</b>		<i>Learn to sail or develop your skills</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
D24/19	1-5 Apr	5 days	£60	
D25/19	29 Apr - 3 May	5 days	£60	
D26/19	13-17 May	5 days	£60	
D27/19	3-7 Jun	5 days	£60	
D28/19	24-28 Jun	5 days	£60	
D29/19	8-12 Jul	5 days	£60	
D30/19	9-13 Sep	5 days	£60	
D31/19	30 Sep – 4 Oct	5 days	£60	

## CONVERSION COURSES

*Ready to convert your sailing skills to different hull designs?*

	<b>MULTI-HULL</b>	<b>KEEL BOAT</b>
	2-day course designed for the mono-hull sailor who already has a sound knowledge of sailing and wishes to transfer their skills to a catamaran	2-day course designed for the dinghy sailor who already has a sound knowledge of sailing and wishes to transfer their skills to a keel boat.
<b>Assumed knowledge</b>	Sailing and background knowledge to the standard of the Level 2 course	Sailing and background knowledge to the standard of the Level 2 course
<b>Duration</b>	2 days	2 days
<b>Course content</b>	Rigging, launching, sailing in all directions. Capsize recovery and essential safety knowledge. Focusing on crew weight, aerodynamics and technique.	Introduction to the five essentials of sailing: Balance, Trim, centreplate, sail setting and course made good.
<b>Ability after course</b>	Able to sail at Catamaran and make decisions in good conditions	Sailing confidently without the instructor onboard; ready to skipper a keelboat on the sea in familiar waters and practice your new-found skills!

<b>MULTI-HULL</b>		<i>How to handle a catamaran in inshore waters</i>		
<b>Course Number:</b>	<b>Course Dates:</b>	<b>Duration:</b>	<b>Costs:</b>	<b>Remarks:</b>
D32/19	Demand led Please contact the centre	2 days	£40	

<b>KEEL BOAT</b>		<i>Setting sails and making way</i>		
<b>Course Number:</b>	<b>Course Dates:</b>	<b>Duration:</b>	<b>Costs:</b>	<b>Remarks:</b>
D33/19	Demand led Please contact the centre	2 days	£40	

## POWERBOAT COURSES

*Which course is right for you?*

### Level 2

*This two-day course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence. It is available to those who are engaged in water sports and need to provide safety boat cover for their sport. This qualification qualifies them to helm but a qualified Safety Boat operator in the boat is required to operate safely.*

It includes close quarters handling, high speed manoeuvres, man overboard recovery and collision regulations. View our online brochure [here](#)

<b>Assumed knowledge</b>	None. May be preceded by Level 1
<b>Minimum duration</b>	2 days
<b>Minimum age</b>	18
<b>Course content</b>	Launching and recovery, boat handling, securing to a buoy, anchoring, leaving and coming alongside, man overboard
<b>Ability after the course</b>	Self-sufficient powerboater in the right conditions, aware of own limitations and those of craft

### POWERBOAT LEVEL 2

*This course gives the skills to drive boats in support of other water sports*

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
P01/19	4-5 Mar	2 days	£160	
P02/19	18-19 Mar	2 days	£160	
P03/19	1-2 Apr	2 days	£160	
P04/19	15-16 Apr	2 days	£160	
P05/19	9-10 May	2 days	£160	
P06/19	6-7 Jun	2 days	£160	
P07/19	10-11 Jun	2 days	£160	
P08/19	13-14 Jun	2 days	£160	
P09/19	1-2 Jul	2 days	£160	
P10/19	4-5 Jul	2 days	£160	
P11/19	29-30 Jul	2 days	£160	
P12/19	1-2 Aug	2 days	£160	
P13/19	12-13 Sep	2 days	£160	
P14/19	16-17 Sep	2 days	£160	
P15/19	19-20 Sep	2 days	£160	
P16/19	7-8 Oct	2 days	£160	

## Safety Boat

*This two-day course provides the skills required when acting as an escort craft, safety boat or coach boat for a fleet of dinghies, windsurfers or canoes, or for racing or training activities.*

It includes rescue techniques and elements of race management and mark laying.

View our online brochure [here](#)

<b>Assumed knowledge</b>	Basic understanding of sailing boats and windsurfers. RYA Powerboat Level 2 certificate must be held prior to this course and the student must be current and competent with that skill to the extent that boat handling is instinctive. It is strongly recommended that candidates hold a first aid certificate and a VHF/SRC operator's certificate.
<b>Minimum duration</b>	2 days
<b>Minimum age</b>	18
<b>Course content</b>	Preparation, boat handling, dinghy rescue, windsurfer rescue, kayak or canoe rescue (can be covered as theory), towing, end-of-day procedures, safety, suitability of craft, local factors, communication, rescuing other water users
<b>Ability after the course</b>	Able to provide safety or support cover to a range of craft, particularly sailing or windsurfing

SAFETY BOAT		<i>This two-day course provides the skills required when acting as an escort craft, safety boat or coach boat for a fleet of dinghies, windsurfers or canoes, or for racing or training activities</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
P17/19 SB	4-5 Apr	2 days	£160	
P18/19 SB	2-3 Sep	2 days	£160	

## WINDSURFING COURSES

*Which course is right for you?*

### START WINDSURFING

#### Prerequisites - None

This course is for beginners who have done little or no windsurfing before. It is the first part of the Royal Yachting Association (RYA) windsurfing scheme and its aim is to provide basic windsurfing techniques and essential background knowledge. By the end of the course you will be able to windsurf safely under loose supervision, be able to turn the board around, sail to where you want to go and get back to shore.

**What next? - After achieving the Start Windsurfing qualification return on a Windsurfing Development course.**

### WINDSURFING DEVELOPMENT

#### Prerequisites - Start Windsurfing

This course is aimed at those that have learned to windsurf and need to get to the next level whether it is getting into the harness, improving your planning skills or getting into foiling. The RYA windsurfing modules are the building blocks to advanced skills. All aspects of windsurfing development are delivered from our 'Flight School' here on Thorney Island.

**What next? - Every Wednesday afternoon there are development classes delivered at no charge. Come along and realise your potential.**

START		<i>A course for complete beginners</i>			
Course Number:	Course Dates:	Duration:	Costs:	Remarks:	
W01/19	29 Apr - 3 May	5 days	£60		
W02/19	7-10 May	4 days	£55		
W03/19	13-17 May	5 days	£60		
W04/19	20-24 May	5 days	£60		
W05/19	29-31 May	3 days	£45		
W06/19	3-7 Jun	5 days	£60		
W07/19	17-21 Jun	5 days	£60	RA Sailing Week	
W08/19	1-5 Jul	5 days	£60		
W09/19	8-12 Jul	5 days	£60		
W10/19	15-19 Jul	5 days	£60		
W11/19	29 Jul - 2 Aug	5 days	£60		
W12/19	5-9 Aug	5 days	£60		
W13/19	2-6 Sep	5 days	£60		
W14/19	9-13 Sep	5 days	£60		
W15/19	16-20 Sep	5 days	£60		
W16/19	23-27 Sep	5 days	£60		
W17/19	30 Sep – 4 Oct	5 days	£60		
W18/19	8-12 Oct	5 days	£60		

<b>WINDSURFING DEVELOPMENT</b>		<i>Consolidating skills and trying new ones</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
W19/19	23-26 Apr	4 days	£55	
W20/19	24-28 Jun	5 days	£60	
W21/19	15-19 Jul	5 days	£60	
W22/19	29 Jul – 2 Aug	5 days	£60	
W23/19	19-23 Aug	5 days	£60	
W24/19	16-20 Sep	5 days	£60	

**RYA First Aid** The course is recommended by the MCA and HSE.

*Our one-day course covers all the usual first aid subjects, but from a boating perspective. It is aimed at anyone who goes afloat, whether on inland waters, rivers, and estuaries or on cross channel passages.*

In a medical emergency, a little first aid knowledge and immediate action can save lives, especially in remote locations. This one-day course is designed to provide a working knowledge of first aid for people using small craft and to support skippers. It fulfils the requirements for professional skippers of small craft working within 60 miles of a safe-haven, including boat-masters.

**The subjects specific to boating include:**

- The recovery position in a confined space
- CPR, including the drowning protocol and use of the defibrillator
- Cold shock and hypothermia from immersion and/or exposure
- Seasickness and dehydration
- Medical assistance or advice by VHF
- Helicopter rescue

<b>RYA FIRST AID</b>		<i>Our one-day course covers all the usual first aid subjects, but from a boating perspective. It is aimed at anyone who goes afloat, whether on inland waters, rivers, estuaries or on cross channel passages.</i>		
Course Number:	Course Dates:	Duration:	Costs:	Remarks:
FA01/19	6 Mar	1 day	£40	
FA02/19	3 Apr	1 day	£40	
FA03/19	4 Jun	1 day	£40	
FA04/19	10 Sep	1 day	£40	
FA05/19	2 Oct	1 day	£40	

## KITE SURFING COURSES

*Which course is right for you?*

	Beginner Kite Skills	Kitesurfing Development <i>Whether you're on the cusp of board starting or already riding upwind this course will cater for you</i>	
<b>Duration</b>	5 days	5 days	
<b>Assumed knowledge</b>	None	Level 1 Parts 1 - 4	Level 2
<b>Course content</b>	P1 – Basic Kite handling P2 – Water based flying P3 – Bring on the power and basic body dragging P4 - Directional an upwind body dragging, going the right way, balance body dragging.  If conditions and aptitude allow elements of the	P1 – Intro to boards and board start technique P2 – First Board Starts P3 – First rides including prolonged power delivery P4 – Independent Kite surfing – Kite surfing with others.	Intermediate classes are for kite surfers that are riding along confidently and now want to master some more advanced techniques and tricks or get into foiling.  Some examples of what we will cover are: advanced equipment tuning, upwind and light wind riding techniques, turning and carve turns, toe-side riding, pop, first jumps, using a directional board and foiling
<b>Ability after course</b>	<b>BKSA level 1 qualification</b> Assessing land & water-based sites. Knowledge of the wind window Able to Rig kites Understanding of release mechanisms and when to use Intro to essential communication signals Recover kite from a single line and re launch techniques Powering kite up in specific directions 4 x body dragging techniques One handed flying technique	Able to perform a controlled board start using power generated by the kite (Power stroke) Completion of initial rides across the wind, developing technique to prolong rides to become an independent kite surfer.	You'll be more confident and will have experience a range of board type and disciplines within kitesurfing.

### KITE SKILLS

*A course for complete beginners*

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
KS01/19	13-17 May	5 days	£160	
KS02/19	10-14 Jun	5 days	£160	
KS03/19	8-12 Jul	5 days	£160	
KS04/19	5-9 Aug	5 days	£160	
KS05/19	23-27 Sep	5 days	£160	
KS06/19	21-25 Oct	5 days	£160	

### INTERMEDIATE

*A course for those that want to learn more*

KS07/19	13-17 May	5 days	£160	
KS08/19	10-14 Jun	5 days	£160	
KS09/19	8-12 Jul	5 days	£160	
KS10/19	5-9 Aug	5 days	£160	
KS11/19	23-27 Sep	5 days	£160	
KS12/19	21-25 Oct	5 days	£160	

## INSTRUCTOR TRAINING

*Which Instructors course?*

### DINGHY INSTRUCTOR TRAINING

*Instructors teaching the National Sailing Scheme need to be qualified for the type of boat in which they teach, ie dinghies, small keelboats or multihulls.*

#### Role

The instructor is a competent, experienced sailor capable of sailing a training boat in strong winds and handling small powerboats. The instructor has been assessed as competent to teach adults and children, beginners and improvers. Although responsible for teaching individuals and small groups, the instructor has not been assessed as competent in running a sailing centre, and should always work under the supervision of an RYA Senior instructor (for dinghy and multihull courses) or the chief instructor of a keelboat training centre.

#### Eligibility

Prior to the course candidates must fulfill the following requirements:

- Minimum age 18;
- Valid first aid certificate
- RYA Powerboat Level 2 certificate
- RYA Safe and Fun certificate
- Pre-entry sailing assessment completed within 1 year prior to the instructor training course.

DINGHY INSTRUCTOR			<i>Instructors teaching the National Sailing Scheme need to be qualified for the type of boat in which they teach, ie dinghies, small keelboats or multihulls.</i>		
Course Number:	Pre-entry assessment date:	Course Dates:	Duration:	Costs:	Remarks:
DI01/19	By arrangement	21-25 Oct	5 days	£60	Beat-up week 14-18 Oct.
INSTRUCTOR ENDORSEMENTS			<i>To enable instructors to teach the National Sailing Scheme in keelboats or multi-hulls.</i>		
DI02/19	Keelboat	On demand	2 days	Free	The cost of publications is not included
DI03/19	Multi-hull	On demand	2 days	Free	The cost of publications is not included

## ADVANCED INSTRUCTOR TRAINING

*The advanced instructor is an experienced instructor with a wide background of sailing experience who has been trained to teach the Performance Sailing and Sailing with Spinnakers courses.*

### Eligibility

Candidates must hold the RYA instructor certificate and will usually have recorded at least one season's experience of teaching sailing since qualifying. Candidates will be skilled to at least the level of the Performance Sailing and Sailing with Spinnakers courses and should have previous powerboat handling experience in a teaching environment.

**NOTE:** Membership of the RYA (or the National Governing Body for your boating activity in your country of residence) is required to qualify or revalidate as an RYA instructor.

### Training

This is a two-day course covering the teaching a boat handling, the use of spinnakers and 5 essentials coaching to the required standard, as well as powerboat driving.

### Assessment

Candidates will be assessed on a continuous basis afloat and may be given a theory test. Upon successful completion of the course, the Coach/Assessor will sign their logbooks.

## ADVANCED DINGHY INSTRUCTOR

*To enable instructors to teach Performance Sailing and Sailing with Spinnakers*

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
DI04/19	On demand	2 days	Free	The cost of publications is not included

## SENIOR DINGHY INSTRUCTOR TRAINING

*The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Sailing Scheme.*

Senior Instructors are qualified to organise and control group sailing tuition and to supervise and assist instructors. SIs must be confident, competent managers, capable of organising groups of all ages and directing the work of their instructors.

An RYA recognised dinghy/keelboat/mulihull training centre must have a current SI as its Principal or chief sailing instructor, though a Yachtmaster™ instructor may fulfil this role in a keelboat centre.

### Eligibility

Candidates must first be an RYA dinghy instructor and must fulfil the following criteria prior to the SI course:

Minimum age 18;

Dinghy Senior Instructor: At least two years intermittent or one-year full time instructing since qualifying as an RYA Dinghy or Multihull Instructor

Keelboat Senior Instructor: At least two years intermittent or one-year full time instructing since qualifying as an RYA Keelboat Instructor

RYA Safety Boat certificate\*

Valid first aid certificate

RYA Safe and Fun certificate

Signed recommendation from the Principal of an RYA recognised Training Centre (see G14/05)

Sailing ability to at least the standard of RYA Instructor (an assessment may be necessary if sailing ability cannot be adequately demonstrated during the training course).

## DINGHY SENIOR INSTRUCTOR

*The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Sailing Scheme.*

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
DI05/19	6-12 Apr	7 days	Free	The cost of publications is not included

## POWERBOAT INSTRUCTOR TRAINING

*The Powerboat Instructor is a competent, experienced powerboater who has been trained to teach powerboating up to Level 2 under the supervision of the Principal or Chief Instructor of a recognised centre.*

**Eligibility** Candidates should have logged at least five seasons' experience of powerboating, preferably in a range of boat types and sizes. For those who use powerboats as an integral part of their normal full-time occupation, this period is reduced to one season. Candidates will hold the RYA's Level 2 powerboat certificate and an RYA first aid certificate

Prior to the instructor training course, candidates must attend a skills assessment.

**Training** Candidates will attend a three-day instructor course run by an RYA Powerboat Trainer and assessed by an independent Trainer. The course will consist of: principles of practical instruction, lesson planning, teaching styles, use of questioning, preparation and use of visual aids, assessment of students' learning, explanation and presentation of theory subjects, the structure of the scheme, planning progressive teaching sessions, preparation of boats and equipment, teaching methods to RYA Level 2.

POWERBOAT INSTRUCTOR			<i>The Powerboat Instructor is a competent, experienced powerboater who has been trained to teach powerboating up to Level 2 under the supervision of the Principal or Chief Instructor of a recognised centre.</i>		
Course Number:	Pre-entry assessment date:	Course Dates:	Duration:	Costs:	Remarks:
PBI01/19	25 Mar	24-26 Mar	3 days plus pre-assessment	£160	Pre-assessments can only be done by a PB trainer
PBI02/19	22 Oct	23-25 Oct	3 days plus pre-assessment	£160	Pre-assessments can only be done by a PB trainer

## START WINDSURFING INSTRUCTOR TRAINING

*RYA Start Windsurfing instructors are qualified to teach the Start Windsurfing course and Stages 1 and 2 of the Youth Windsurfing Scheme under the supervision of a senior instructor.*

### Eligibility

RYA Membership  
 Minimum age 16  
 Intermediate non-planing certificate with beach starting and non-planing gybe clinics  
 RYA Powerboat level 2 certificate  
 RYA Safe and fun certificate  
 RYA first aid qualification

## WINDSURFING START INSTRUCTOR

*RYA Start Windsurfing instructors are qualified to teach the Start Windsurfing course and Stages 1 and 2 of the Youth Windsurfing Scheme under the supervision of a senior instructor.*

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
WSI/01/19	29 Apr – 3 May	5 days	£60	
WSI/02/19	16-20 Sep	5 days	£60	

## INTERMEDIATE WINDSURFING INSTRUCTOR TRAINING

*RYA Intermediate windsurfing instructors are qualified to teach the Intermediate course and Youth Windsurfing Scheme under the supervision of a senior instructor.*

The Intermediate course and instructor training is assessed in two competencies, non-planing and planing, and is the first instructor course to incorporate the new Fastfwd coaching tool.

### Eligibility for Intermediate non-planing instructors

Minimum age 18  
 Start windsurfing instructor  
 Intermediate certificate plus beach starting and non-planing carve gybe clinics  
 RYA Powerboat level 2 certificate  
 RYA Safe and Fun certificate  
 RYA first aid certificate  
 Evidence of 50 hours logged as a Start windsurfing instructor

### Eligibility for Intermediate planing instructors

In addition to the prerequisites listed for the Intermediate non-planing instructor the following prerequisites are required:  
 Advanced certificate with waterstart and carve gybe clinics  
 Evidence of 50 hours logged as a Start windsurfing or Intermediate non-planing instructor

## WINDSURFING INTERMEDIATE INSTRUCTOR

*RYA Intermediate windsurfing instructors are qualified to teach the Intermediate course and Youth Windsurfing Scheme under the supervision of a senior instructor.*

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
WSI/03/19	7-10 May	4 days	£55	

## WINDSURFING ADVANCED INSTRUCTOR TRAINING

*RYA advanced windsurfing instructors are qualified to teach the Advanced course and all stages of the Youth Windsurfing Scheme under the supervision of a senior instructor.*

The Advanced Instructor course has a clinic-based approach, appealing to a wider spectrum. The core content of the instructor course enables instructors to teach the main advanced course in the scheme. In addition, instructors can be assessed during the course to enable them to teach further advanced clinics in advanced carving skills and bump and jump.

### Eligibility

Intermediate planning instructor:

Minimum age 18

Minimum of a very competent Advanced certificate holder plus clinics in waterstarting and carve gybing

RYA Powerboat level 2 certificate

RYA first aid qualification

RYA Safe and Fun certificate

Evidence of 100 hours logged as an Intermediate planning instructor

### WINDSURFING ADVANCED INSTRUCTOR

*RYA advanced windsurfing instructors are qualified to teach the Advanced course and all stages of the Youth Windsurfing Scheme under the supervision of a senior instructor.*

Course Number:

Course Dates:

Duration:

Costs:

Remarks:

No course planned until 2020

## WINDSURFING SENIOR INSTRUCTOR TRAINING

*The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Windsurfing Scheme. They are qualified to organise and control group windsurfing tuition and to supervise and assist instructors.*

*SIs must be confident, competent managers, capable of organising groups of all ages and directing the work of their instructors.*

An RYA recognised windsurfing training centre must have a current SI as its Principal or chief windsurfing instructor.

### Qualities of an SI

A safe teacher; working within a known environment; a good leader; capable of working to a high level within any teaching establishment almost seeing problems before they occur.

SIs must also have the objectivity required for conducting assessments and the interpersonal skills needed to debrief unsuccessful students effectively and tactfully in a good manner.

### Eligibility

Candidates must first be an RYA start windsurfing instructor and must fulfill the following criteria prior to the SI course:

Minimum age 18;

Evidence of two seasons full-time instructing as an RYA Windsurfing Start Instructor.

Recommendation by a Principal of a Recognised Training Centre.

RYA first aid qualification

RYA Safety boat certificate

RYA Safe and Fun certificate

### WINDSURFING SENIOR INSTRUCTOR

*The Senior Instructor (SI) is an experienced instructor who has been assessed as competent to organise and manage courses within the RYA's Windsurfing Scheme. They are qualified to organise and control group windsurfing tuition and to supervise and assist instructors.*

Course Number:

Course Dates:

Duration:

Costs:

Remarks:

No course planned until 2020

## BKSA KITE SURFING INSTRUCTOR TRAINING

All Kite Surfing Instructor Training Courses (ITC) are run in conjunction by or at BKSA Recognised schools. The instructor training has been structured to be delivered in a modular bases, which means you may build up to your full qualification over a period of time and taking into account prior experience and qualifications. The Instructor award is a 3 year appointment. On completion of the course and relevant action plan met after the course full instructor status is granted.

The instructor is required to teach within a BKSA recognised school.

An instructor can teach up to 4 students with two kites on the water once registered.

An instructor can teach up to and including intermediate levels, equipment tuning, improving technique, riding upwind, transitions and basic jumping.

### Eligibility

Valid BKSA membership

Shadow teaching x 10 hours

Riding Competency verified by a BKSA Senior Instructor

RYA Powerboat level 2

RYA First Aid Certificate

## KITE SURFING INSTRUCTOR COURSES

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
KSI01/19	10-14 Jun	5 days	£160	

## BKSA SENIOR KITE SURFING INSTRUCTOR TRAINING

All Kite Surfing Instructor Training Courses (ITC) are run in conjunction by or at BKSA Recognised schools. The instructor training has been structured to be delivered in a modular bases, which means you may build up to your full qualification over a period of time and taking into account prior experience and qualifications. The Senior Instructor award is a 3 year appointment. On completion of the course and relevant action plan met after the course full instructor status is granted.

The Senior Instructor is required to teach within a BKSA recognised school.

A Senior Instructor can teach up to 4 students with two kites on the water once registered.

A Senior Instructor can coach advanced techniques.

### Eligibility

Valid BKSA membership

Shadow teaching x 12 hours

Riding competency verified by a BKSA Instructor

RYA Powerboat L2

RYA first aid certificate

150 Hours of logged teaching hours as an Instructor in a BKSA recognised school

Minimum 6 months as a valid BKSA instructor

## KITE SURFING SENIOR INSTRUCTOR COURSES

Course Number:	Course Dates:	Duration:	Costs:	Remarks:
KSI02/19	8-9 Apr 19	2 days	Free	

## ONLINE INTERACTIVE COURSES

- [Safe & Fun Safeguarding Course](#)
- [Professional Practices and Responsibilities](#)
- [Marine Radio VHF \(SRC\) Course](#)
- [Essential Navigation & Seamanship Course](#)
- [CEVINI Test \(Code Européen des Voies de Navigation Intérieure\)](#)
- [Cruising Instructors Pre-course Assessment](#)

### [Enrol Here](#)

#### **Safe & Fun Safeguarding Course £8.00**

*'Safe & Fun' the RYA's online Safeguarding course.*

This course is suitable for anyone working with children and vulnerable adults in an RYA environment. This includes those volunteering or working at recognised training centres and affiliated clubs.

It provides a basic level of knowledge and awareness, put in the context of realistic scenarios that anyone could encounter at their club or centre.

It is a requirement for all newly qualifying Level 2 Racing Coaches, Dinghy and Windsurfing Instructors and Senior Instructors to complete prior to their instructor/coach training course.



#### **Frequently asked questions**

##### **Who is required to take this course?**

Newly qualifying Level 2 Racing Coaches, Dinghy and Windsurfing Instructors and Senior Instructors must take this course.

##### **Can anyone who isn't an instructor take this course?**

Yes, anyone can take this course. It is useful for anyone involved in teaching or volunteering with children or vulnerable adults in an RYA environment such as a club or training centre.

### **Is it possible to take this course in a classroom instead of online?**

No, this course is only available online. If you take it as part of your instructor training you will also complete a classroom workshop during the instructor course, but the course itself must be completed online.

### **How do I sign up for the course?**

Just click the 'Enrol Now' icon. You will then receive a PayPal invoice. Once you have paid it you will receive instructions by email on how to start the course.

### **What devices are compatible with the course?**

You can take the course on a PC, Mac or iPad, so long as you are connected to the internet.

### **How long is the course?**

This course is equivalent to classroom training of approximately three hours. However, the benefit of learning online is that you can work through it at your own speed. It may take you more or less time than that.

### **How long is the certificate valid for?**

The certificate doesn't have a specific expiry date. However, your training centre, club or organisation should have a policy for ongoing staff training and ensuring that everyone is up to date. That may involve you taking the course again at regular intervals or completing other relevant safeguarding training. Please check your own organisation's policy for details.

### **How much will the course cost?**

Course fees are £8 for ASA members. Non-ASA members pay a surcharge of £3.

### **I've already taken a different safeguarding course elsewhere. Can this be used instead of Safe and Fun for my instructor course?**

The Safe and Fun course forms the basis of the safeguarding workshop that you will complete during your instructor course and puts safeguarding issues into context specifically for those instructing at RYA centres or clubs. It is therefore not possible to use other courses as alternative certification prior to your Instructor, Senior Instructor or Level 2 Racing Coach Course.

**[Enrol Here](#)**

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**Professional Practices and Responsibilities (£33.00)**

*A compulsory online course for RYA Commercial Endorsement holders.*

### **Who this course is for**

Each year approximately 4,500 people apply to the RYA for a commercial endorsement to use their RYA qualifications professionally as skipper or crew. You could be doing anything from delivering a new 35' yacht or driving a workboat with lifting and towing gear, to running a superyacht in the Med. Whatever your job is on board, in the commercial world you are a professional seafarer. As such, you are no different from the captain of a cruise liner – you have a duty of care to crew, passengers, and other water users, and you will be held to account if things go wrong.

### **The course is broken down into four modules:**

- **Commercial environment** - how you fit into the professional maritime world.
- **People** – the importance of correct manning, keeping your skills up to date and the safe management of commercial vessels.
- **Vessel** – the compulsory carriage and maintenance of safety equipment and how to create and implement risk control and operating procedures. .
- **Purpose** – making sure your vessel is suitable and legal for the work you are carrying out, your obligations in protecting the environment, appropriate planning and situational awareness.

Following the modules there is a mock assessment so you can check you are ready before moving on to the final graded online assessment.

We estimate users will take around 6 to 8 hours to work through the four course modules. The graded end of course assessment is split into two sections, totalling 2½ hours.

All new applicants for a commercially endorsed RYA Certificate of Competence must first pass the PPR course. Anyone renewing a commercially endorsed RYA Certificate of Competence must pass the PPR course prior to their next renewal date, if they haven't already done so.

### **How to take the PPR course**

Just click the 'Enrol Now' icon. You will then receive a PayPal invoice. Once you have paid it you will receive instructions by email on how to start the course. We will provide remote access to an instructor who will be on hand to help if you have any queries during the online course.

### **How much will the course cost?**

The price for the course is £33 including VAT.

### **Exemptions from this course**

If you hold an MCA Deck Officer's Certificate of Competence as Officer of the Watch, Master 200\*, Master 500 or above you do not need to take the PPR course.

Please send a copy of your MCA certificate with your application or renewal form for your commercial endorsement to the RYA.

\* Please note the 'Master 200' referred to here is the MCA Master 200gt STCW qualification. This is not the RYA/MCA Yachtmaster™ qualification.

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## **Marine Radio VHF (SRC) £44.00**

(Plus £60 payable directly to the RYA for Certification and Examinations Fees)

*A course for anyone who owns a fixed or handheld marine VHF radio. A radio is an important piece of safety equipment on board and it is vital to understand the correct procedures.*

The Short Range Certificate is the minimum qualification required by law to control the operation of VHF and VHF Digital Selective Calling (DSC) equipment on any British flagged vessel voluntarily fitted with a radio. This includes both fixed and hand held equipment using International channels.

A radio is an important piece of safety equipment on board and it is vital to understand the correct procedures. Unnecessary transmissions could block out a Mayday distress call.



All new VHF sets are either fitted, or can be interfaced, with DSC allowing calls to specific vessels. If you hold the 'old' VHF licence (pre-1999) you need to upgrade your qualification if you purchase new equipment. This can be done by attending this one-day course or, if no tuition is required, you can enter for direct examination.

### **Course topics include**

- the basics of radio operation
- the correct frequencies (channels) to be used
- distress, emergency and medical assistance procedures
- making ship to shore telephone calls
- Digital Selective Calling (DSC) using simulators
- Global Maritime Distress and Safety System (GMDSS)
- Emergency Position Indicating Radio Beacons (EPIRB)
- Search and Rescue (SART)

The course will be delivered online and the assessment is held at the Army Inshore Sail Training Centre or the Army Offshore Centre. The assessment consist of a questionnaire and practical assessment using radio simulators after you have time to familiarise yourself on them.

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## **Essential Navigation & Seamanship course £65.00**

**This online course offers a great introduction to navigation and safety awareness for new or inexperienced skippers and crew, and those wanting to refresh their skills. In fact, it's for anyone interested in sailing, motor boating, sea angling or diving, and works well in complementing our on-the-water training, such as the Powerboat Level 2, Start Yachting and Helmsman courses.**

**It's a highly informative course with lots of opportunities for you to put your new-found knowledge into practice. If you decide to take this course online, you will find many interactive exercises to help reinforce the information and lots of chances to try out what you've learned.**

**Course topics include:**

- **Charts and Publications**
- **Safety**
- **Engine Checks**
- **Buoyage**
- **Tidal awareness**
- **Visual and electronic navigation**
- **Pilotage**
- **Rules of the road**
- **Anchoring**
- **Weather forecasts**

**You will receive a course pack which includes a chart, plotter, dividers, course handbook, exercises and an electronic chart plotter CD.**

**How long is the course?**

**Online the course will take around six hours, but the beauty of it is that you can work through it at your own speed, whenever and wherever you like.**

**We will provide remote access to an instructor who will be on hand to help if you have any queries during the online course.**

[\*\*Enrol Here\*\*](#)

## **CEVNI Test £17.00**

**For those entering the European inland waterways. Know the code.**

**CEVNI stands for Code Européen des Voies de Navigation Intérieure. It is the code governing navigation on the interconnected European inland waterways. Signs, rules and procedures for navigating the European inland waterways are all included within the CEVNI code, and pleasure craft are expected to know and follow the code. Knowing and abiding by the regulations is the best way to protect yourself and your boat.**

**The test is split into two parts and you have a chance to practice as much as you like before you take the real test. If you need help studying before your test either contact us for help, or look at our recommended reading.**

- **Part 1 has 15 questions on signs and buoyage and the time limit is 6 minutes.**
- **Part 2 also has 15 questions on sound signals, lights and shapes, but they are more complex so the time limit is 9 minutes.**
- **In each part, you must get 11 out of 15 correct to pass.**
- **On the final page of the test you can submit your answers but, if you have time remaining, consider going back through each question to check your answers before returning to the final page to submit them.**

### **Take the CEVINI Test**

**You have two chances to pass each part of the test. If you don't pass first time, it's your choice whether you try again immediately or leave it until later. Consider taking time to revise, practice a bit more or take some tuition.**

### **After your test**

**If you don't already hold an International Competency Certificate (ICC), you should send the certificate with your ICC application form and other associated paperwork.**

**If you already hold an ICC for coastal waters, you can now validate it for inland waters by sending the certificate along with your original ICC certificate and a passport photo to the RYA.**

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